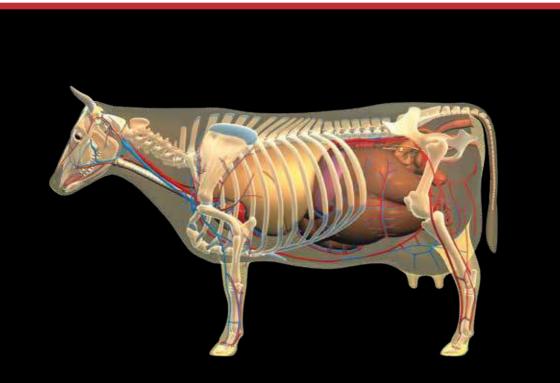


## LIVESTOCK HANDLER TRAINING MANUALS MODULE 1: EARLY DISEASE IDENTIFICATION Early disease identification in cattle



The livestock handler must observe every animal daily and examine an animal at the first sign of disease.

ANIMAL HEALTH IS IN OUR DNA

1.2

#### English

#### **AFRIVET TRAINING SERVICES**

#### LIVESTOCK HANDLER TRAINING MANUALS

#### Early disease identification in cattle

The livestock handler must observe every animal daily and examine an animal at the first sign of disease.

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## Introduction to daily observation

Primary animal health care (PAHC) is good management practices, undertaken on an ongoing daily basis by the livestock handler, that are required to maintain health and production.

Good management practices include, the:

- provision of water, grazing and supplementation of nutritional shortages according to the season and the needs of the animals,
- ongoing treatment of parasite infestations,
- prevention of priority diseases that cannot be treated effectively through vaccination,
- seasonal planning of management actions, and
- structured daily observation.

**Daily observation** Structured daily observation of animals is the single most important management action needed in the execution of PAHC.



Most losses or deaths due to disease occur because the first signs of disease are ignored or the urgency of specific signs are not understood and therefore no action is taken until it is too late.

The only resource available to the livestock handler, for the early identification of the first signs of disease, is their eyes.



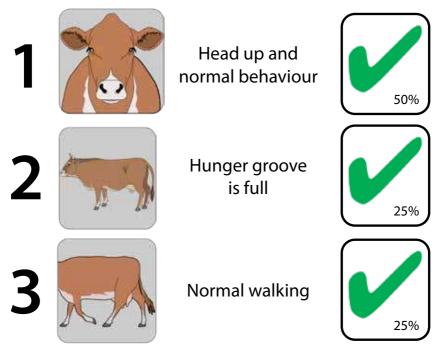
This manual provides a logical model of daily observation through which every animal owner can be trained to understand the **signs of health** and to identify the first **signs of disease** for the most important diseases in a specific area. This model must be used to record and report signs of disease in order to get veterinary support.



# Signs of health

#### Daily observation of the whole herd

To get a quick overview of the health status of the whole herd the observer must check the three most vital signs of health:



When 100% (50% + 25% + 25%) of the observations are normal, the observer can be satisfied that there are no major disease problems in the herd for that day.

The result of this daily observation must be recorded as confirmation of the date on which all animals were healthy. This forms a very important part of the background information needed when signs of disease are interpreted.



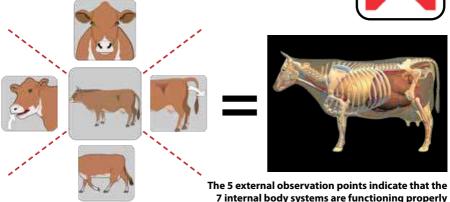
The livestock owner can only identify the first signs of disease if he/she knows and understands signs of health i.e. what is normal. The best way of learning this is by using the structured model for regular observation of healthy animals.



## Signs of disease

**Detailed observation of affected animal/s** If any sign of disease is observed at one of the three vital observation points, the full structured daily observation card (DOC) must be completed for the animal/s showing signs of disease.





DOC provides a structured and logical order of observation through which the **normal** or **abnormal** working of all body systems can be evaluated and recorded.

#### Purpose

Different diseases affect different body systems leading to general or specific signs of disease in those systems.

Observation (looking at the animals from a distance) is the first step in identifying the specific disease by determining which body systems are/are not first affected.

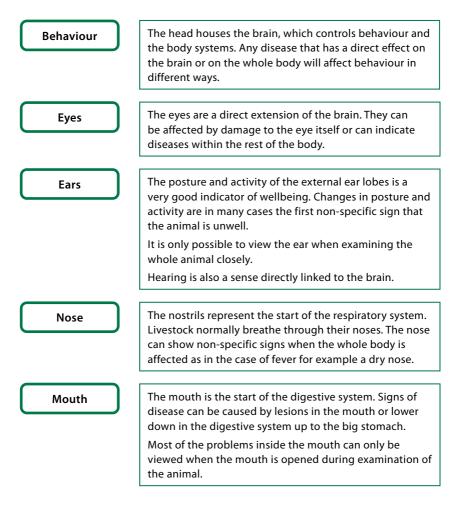
This crucial information is needed as the first step in the identification of the disease, as the further the disease progresses the more systems affected and the more difficult it is to confirm a specific disease.

#### The use of DOC is fully explained on the following pages.



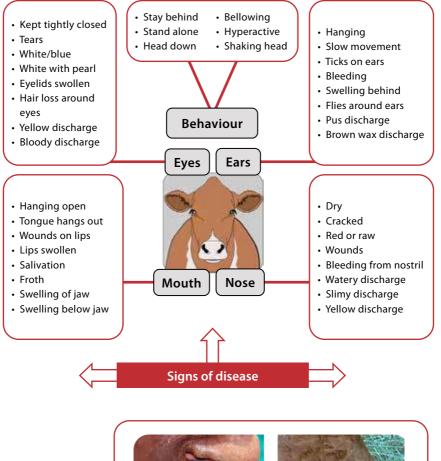
# Head up?

Looking at the head of animals is the first step in daily observation. Even in a big group of animals, the head is the most visible part of the body. If the heads of all the animals are upright and look normal, it means there is no major problem in the herd.





Follow a structure during daily observation and be very specific when describing the signs of disease observed.





Slimy discharge versus a yellow discharge



The second immediate area of focus is to look at the hunger groove and an overview of the whole body before dealing with specific observations that may be visible over time.

## **Body condition?**

Because of the unique digestive system of ruminant animals, the level of food intake during the previous six to 12 hours can be judged by observing the rumen fill in the area called the hunger groove on the left flank. This is one of the most direct and visible indications of the level of wellness over the past 12 hours.

Condition

Rumen fill

The body condition of the animal is a direct reflection of the wellness of the animal over a longer time (more than 24 hours). Body condition doesn't change overnight. Therefore, it is an observation that can be used to identify longer-term changes.

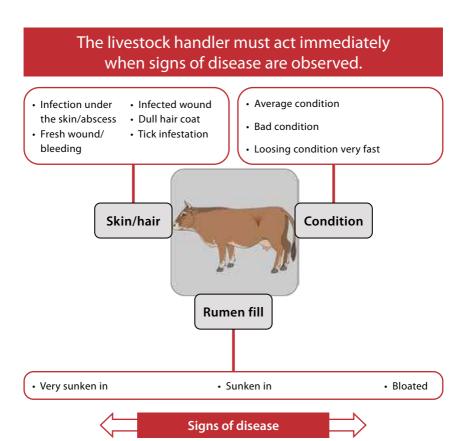
#### Skin/hair

The skin is the largest organ and provides protection for the whole body. Changes to, and infection of, the skin and hair normally occur over a longer time, making this observation important to evaluate longer-term problems.

However, very fast changes in the skin can also occur with wounds caused by cuts and other injuries.

The skin should also be evaluated when observing specific areas of the body more closely.





The skin is such a large organ that the observer can get an overall view of the skin and hair when looking at the whole body.

But the skin can also be further evaluated when looking at the individual observation points such as the breastbone, under the tail and on the udder where tick infestation, for example, can be effectively evaluated.

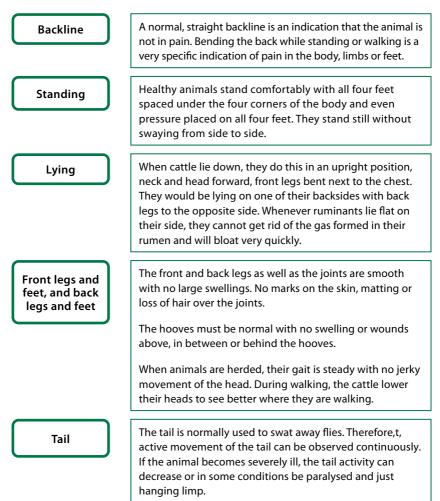




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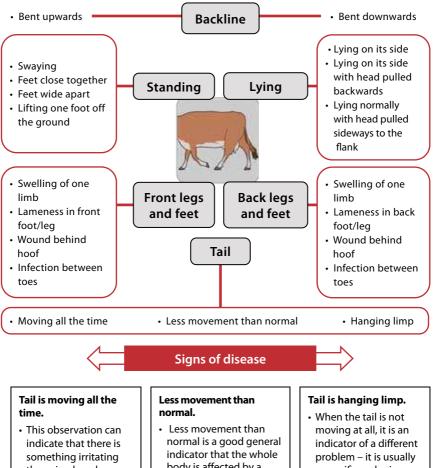
#### Normal movement?

The animals can now be moved around slowly or observed while they leave the pen. This observation can also be done while the animals are being herded.





# Most losses or deaths owing to disease occur because the first signs of disease are missed or ignored.



the animal, such as excessive flies, maggots below the tail or a swelling below the tail.

- Less movement than normal is a good general indicator that the whole body is affected by a disease (eg fever). It is a general, non-specific sign of disease such as slow/less movement of the ears.
- When the tail is not moving at all, it is an indicator of a different problem – it is usually a specific early sign of damage to the nervous system like in an early case of botulism.

A small difference in the observed signs of disease is significant for the person that will examine the animal and that must make a treatment decision.



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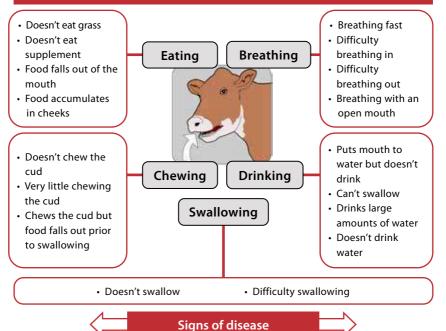
# What goes in?

Observing animals' breathing, drinking, and eating occurs during the day. Because these animals have big stomachs, they eat or graze and then go to rest while they re-chew (ruminate) the food accumulated in the big stomach.

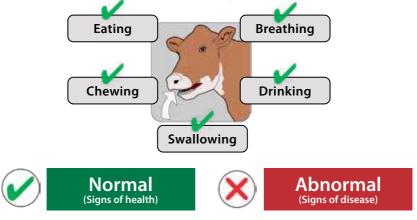
Breathing	Observation of the ease, speed and depth of breathing can be done before animals are disturbed and can continue while the animals are active such as during herding.
	Very close observation of the chest and abdomen movement is needed to evaluate breathing. When breathing is difficult, increased chest and abdominal movement is obvious.
Drinking	Animals with large stomachs (ruminants) drink a large amount of water at a time. The drinking process involves the normal working of the muscles of the mouth, tongue and throat to suck up the water and to swallow it down effectively. Diseases that affect any of these structures will cause the animal to drink less or not at all.
Eating	A very specific sign of health is the eating (grazing) behaviour of animals. This can be evaluated throughout the day because these animals spend most of their time taking in food to the large stomach. Any change in eating behaviour is important to record. Most diseases that affect the whole body will decrease or stop food intake.
Chewing	When animals are at rest, their wellbeing is best evaluated by the number of animals ruminating. Unhealthy animals stop ruminating.
Swallowing	Normal swallowing can be evaluated when the animal is drinking or swallowing the cud. The observer then also focuses on the neck and breastbone while evaluating the swallowing process.



The observer must be sharp-eyed and take their time when recording signs of disease, as a detailed description of the specific sign of disease is required to identify the specific condition.



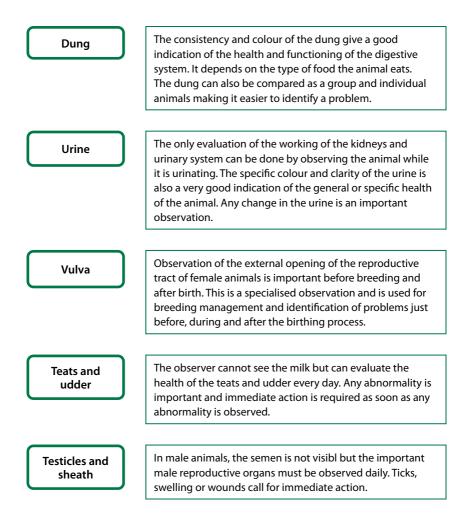
The first step in reporting observations is just to make a cross over the affected areas on the daily observation card (DOC).





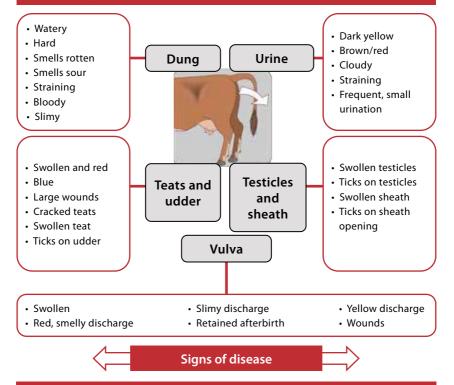
## What comes out?

Because the animals are eating and drinking large amounts of food and water, they produce large amounts of dung and urine during the day, which can be observed.





#### Signs of disease can change over time. The livestock handler must be able to observe when a specific sign of disease becomes more severe over time.



#### The observer must distinguish between normal signs of health and abnormal signs of disease.



Normal discharge – clear bull string when a cow is on heat.

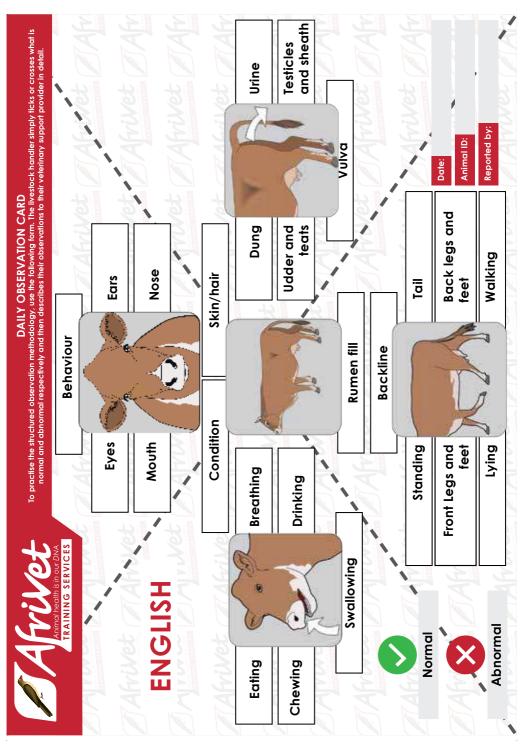




Abnormal discharge – can see dry discharge on the lips of the vulva and on tail.







## Introduction to closer examination

If any general or specific signs of disease are seen during observation, a closer examination must be done immediately or as soon as possible.

The one limitation when working with cattle is that a crush pen must be close by for handling of the animal, otherwise it needs to be caught with a rope which is not good when dealing with a sick animal. The fact is that examination and early treatment cannot be done if a handling facility is not available.

Examination is a hands-on action to confirm and expand on the observations made and inspect areas that cannot be seen from a distance during observation.



The main purpose is to determine the urgency of the treatment or prevention actions needed:

	Fever	EMERGENCY Any one of
2	Blood loss	these three specific findings confirms
3 🦘	Enlarged lymph glands	that urgent treatment is needed.

The last step in on-farm disease identification is to gather and record background information that provides context to the disease in question.

# Handling facility for the examination of cattle

Access to a basic and working crush pen is the minimum requirement to farm effectively with livestock, especially cattle.



Basic kraal (holding facility) and crush pen

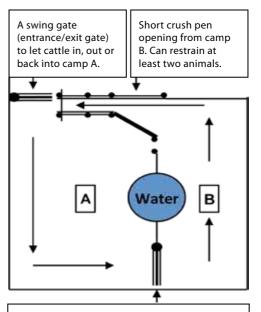
Access to a closed, basic and functional crush pen is critical for immediate examination of cattle showing signs of disease.

Ensure that there is a small holding facility and short crush pen at water points to prevent unnecessary herding of sick animals over a long distance before examining or treating them.

Divide the pen (into two camps) with a fence and a gate (A and B). This facilitates sorting animals into groups if needed.

There must be a water trough in the middle, providing water to both camps.

It is essential to have a crush pen that connects the two camps with each other at the opposite side of the internal gate. A head clamp is an added advantage.



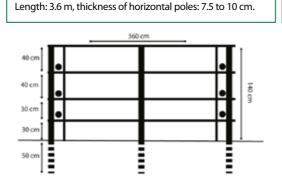
A swing gate between camps around the watering point is used to sort groups of animals and/or to keep two groups apart.

This basic kraal allows a livestock handler to handle sick cattle easily even without a helper.



# Using the basic kraal and crush pen for examination and treatment

- 1. Herd a small group of cattle through the entrance gate into camp A. Then herd the cattle through the internal swing gate to camp B and close the gate.
- 2. Gently herd two animals at a time into the crush pen by using a low-stress handling technique and close the end of the crush pen. Never shout at or hit animals. When the animals are under control, proceed with the examination, inspection and/or treatment.
- 3. Open the front of the crush pen and let the animals out into camp A if you need to inspect them afterwards. This setup will prevent animals from escaping if they break through the front of the crush pen before you have finished with the examination.
- 4. The other option is to open the exit swing gate and let the animals out of the kraal when you have finished working with them.

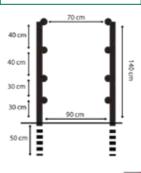


Dimensions for a very basic crush pen for at least two

Height: 1.4 m, thickness of vertical poles: 12.5 to 15 cm.

animals: handler works from the outside.

Inside width between horizontal poles is 70 cm but it can be wider depending on the size of the adult animals in the herd.







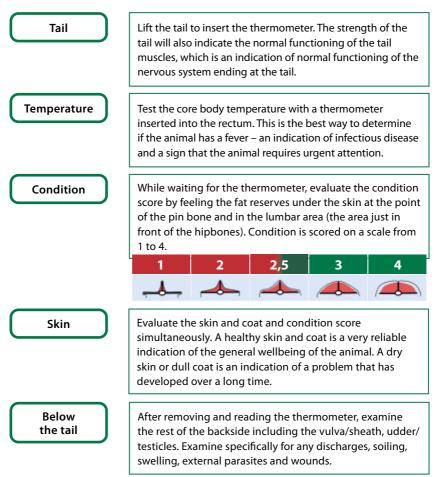




## Examination from the back

#### Follow a specific structure during examination of an animal.

Taking the animal's rectal temperature is the first step when examining an animal showing signs of disease. Do a structured examination of the rest of the animal's backside simultaneously.





# Taking the temperature

A thermometer must always be available when farming with livestock.



Use a digital or mercury rectal thermometer.



The use and reading of a mercury thermometer is a specific skill, acquired through training.



- 1. Insert the clean thermometer into the rectum.
- 2. Hold the thermometer there for two minutes.
- 3. Take the thermometer out, clean it and read.
- 4. Store thermometer in a cool, safe place.

Average normal temperature early in **38.5°C** the morning =

Increased temperature = ≥40°C FEVER

# A temperature of 40°C and higher requires urgent attention

Fever is the best indicator to distinguish between infectious diseases and other causes of disease. Body temperature may increase before other clear signs of disease become apparent.

Other causes of raised temperature that may be confused with a fever are:

- If it is very hot or the animal was lying in the sun.
- If the animal was chased before examination.
- If the muscles of the animal are contracting because of a disease caused by a toxin such as a dipping compound.

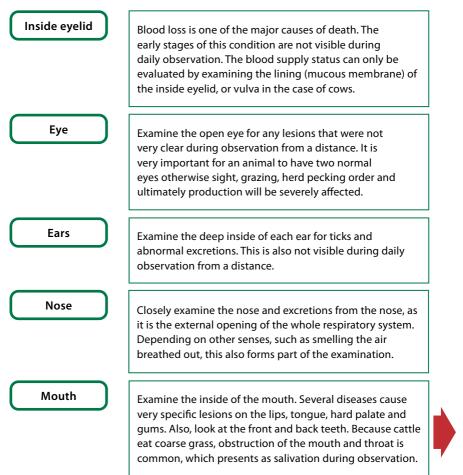
Evaluate the status of the blood supply by checking the colour of the lining inside the vulva. When the blood supply is normal, the lining will be light pink.



## Examination from the front

Follow a specific structure during examination of an animal.

Examining the inside eyelid is the second step in the examination of a sick animal. Do a structured examination of the eyes, nose and inside of the ears and mouth simultaneously.





# Examining the inside of the eyelid

The colour of the inside eyelid is a visible indication of the status of the blood supply.

#### The correct method to open and examine the inside eyelid:





- 1. Lift the top eye bank with the fingers.
- 2. Gently close the eyelid with the thumb.



- 3. Push the closed eyeball inwards with the thumb.
- **4.** Pull the lower eyelid down with the thumb of the other hand until the inside eyelid bulge out.

#### The normal colour of the inside lining of the eye is pink

Different disease conditions can cause a change in the colour of the inside eyelid:

	White	An indication of blood loss and anaemia.	Yellow	Liver problems or disease that cause break- down of red blood cells.
	Red	If only one eye is affected, it is a sign of eye infection.	Blue	Animal doesn't get fresh air – suffocating owing to lung problems or can't breathe.
	Red X2	If both eyes are red, the whole body system is affected.	Brown	Some plant toxins containing nitrates can cause this.

# Examining the inside of the mouth

Nose tongs are an essential tool in handling cattle but the user must be trained in the safe and correct use to prevent injury.

Safely catching the head, constraining to limit movement and examining the mouth are advanced technical skills, acquired through training and experiential learning.



When dealing with cattle, the head movement must be constrained to open the mouth safely and pull the tongue out to examine the inside of the mouth.









# Examination of the rest of the body

#### Follow a specific structure during examination of an animal.

Examine the lymph glands and follow a structured examination of the rest of the body that couldn't be touched during observation from a distance.

Lymph glands	The lymph glands are not easily palpable by the inexperienced examiner except if they are enlarged. The easiest lymph gland to examine is the one at the point of the shoulder, just in front of the shoulder blade.
Chest	The movement of the chest is the result of breathing. The movement of the chest increases when there is an increased rate of respiration. Examination of the chest by a veterinarian includes the use of a stethoscope to listen to the heart and lung sounds.
Abdomen	When examining the abdomen, look for large swellings and an abnormal shape. Examine the hunger groove for any signs of bloating or if it is very sunken, it is a sign that the animal has not eaten for the past 24 hours.
Front legs and feet	Examine the front and back legs. Feel (palpate) for large swellings or any abnormality of all the joints if the animal showed lameness during observation from a distance. Always compare the left limb to the right one to determine if what you see and feel is normal or abnormal. Cattle may kick forward and sideways with the back legs. therefore, the examiner must be very careful when
Back legs and feet	examining the lower legs. Take precaution by using a rope to limit the movement of the hind leg. Examine the hooves of cattle for any abnormal shape and swelling of the joint above the hoof or wounds/infection behind or between the claws. Use the correct ropes for lifting and examining the feet. This is an advanced technical skill, acquired through training and experiential learning.



# Lymph glands

# Swelling of the lymph glands is a specific indication of a number of important diseases.

Although this is part of a specialised examination by a veterinarian, the livestock worker can also examine the size of the most accessible lymph nodes.

#### Examination of the lymph gland under the skin at the point of the shoulder (just in front of the shoulder blade).

Examine the other lymph glands at the inside corner of the jawbone during examination of the head.



# **Examining lame cattle**

The hoof cannot be properly examined if the foot of the cattle can't be lifted and cleaned for examination.

Most hoof problems can be treated effectively if done as soon as lameness becomes apparent.

If not treated properly, it may progress to severe lameness, which will involve the joint, and cannot be treated effectively in most cases.

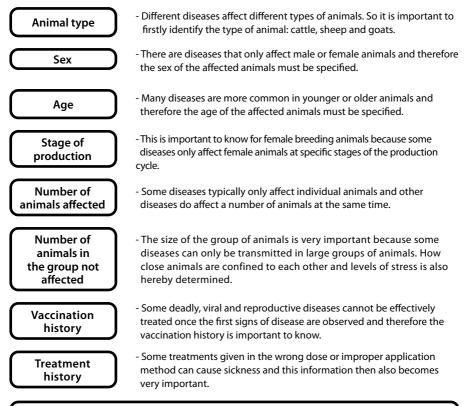




# **Background information (history)**

The third component of information needed and which can only be provided by the livestock owner for possible assistance in identification of the cause of disease, is the background information.

This is information about what happened **before** and in the **immediate period after** the first signs of disease were observed in a group of animals. It is extremely important because it sometimes gives the answer to unidentified disease problems.

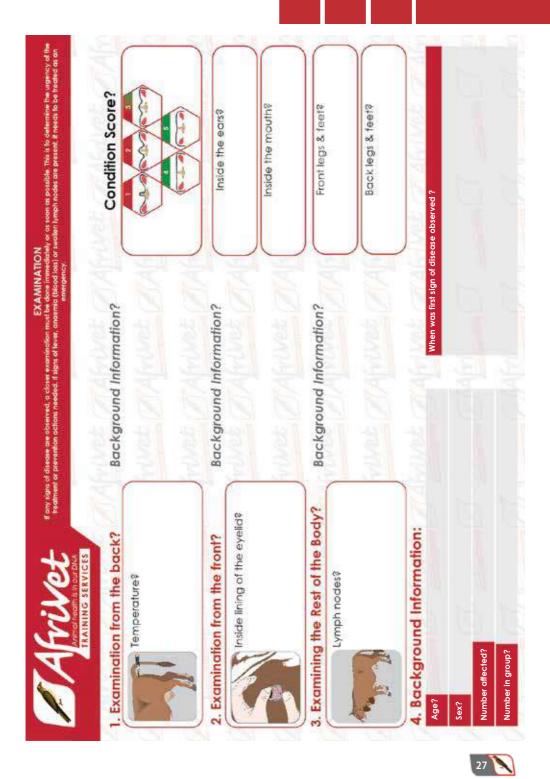


Any changes that happened before the first signs of disease were observed are very important and must be communicated.

- Changes in drinking water source.
- Changes in camps/grazing.
- Changes in supplementary feeding.
- Availability of feed and water.
- Changes in housing.
- Recent transport of animals.
- New animals brought in.

- Management actions (e.g. weaning) are also important.
- Extreme weather conditions can be a very important predisposing/contributing factor.
- Season of the year (rainfall, average temperature and humidity) is a very important factor in the occurrence of some diseases, especially vector (ticks or insects) borne diseases.

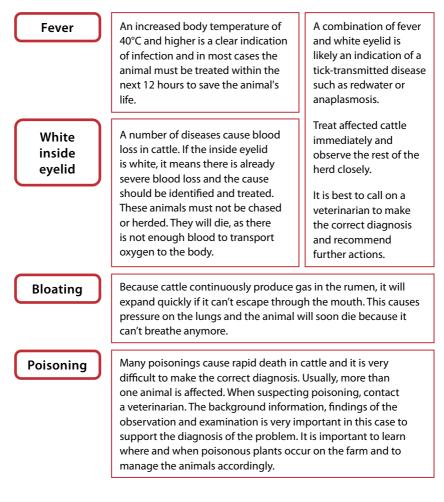




## Deciding on the urgency of treatment

The findings of the daily observation and examination are used in combination to determine the urgency of treatment needed.

#### Examples of findings that require urgent treatment:

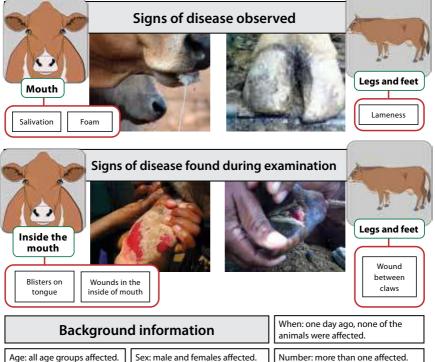




Diseases will differ from area to area depending on the environmental and other factors. The 10 most important diseases and a description of the signs of these identified diseases must be available and used for onfarm interpretation of the recorded findings.

Example of how observation and then examination are used to identify a suspected case of a very important disease.

# Foot-and-mouth disease

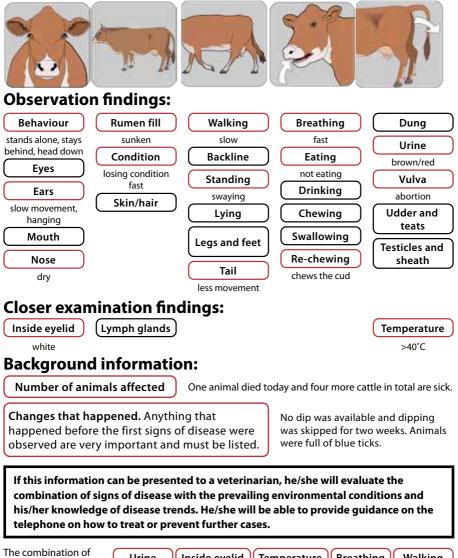


This combination of signs of disease found during observation and examination is a specific indication of foot-and-mouth disease.

Every livestock handler must know the signs for this specific controlled disease and an animal health technician or veterinarian must be contacted immediately if this combination of signs is found.

#### How to record the signs of disease

This is an example of how the signs of disease must be recorded in order to present them to a veterinarian who can provide remote veterinary support – **a potential case of redwater is used as an example.** 



The combination of signs of disease in this example is very clear.

 Urine
 Inside eyelid
 Temperature
 Breathing
 Walking

 brown/red
 white
 >40°C
 fast
 slow

In some cases a specific diagnosis can't be made. The veterinarian will need to do a farm visit and further diagnostic tests in order to advise on treatment or preventive actions.



# Common first signs of systemic (affecting the whole body) disease

- Stands alone
- Head down
- Ears hang
- Less movement in ears
- Dry muzzle/nose
- Does not eat

- Does not chew the cud
- Does not drink water
- Hunger groove empty
- Loses condition fast
- Rough hair coat
- · Falls behind when herded
- Walking slow
- Tail less movement
- Abortions
- Fall in milk production

A number of first signs of disease are common for many systemic diseases but any of these indicate the need for closer examination to identify more specific signs of disease relating to a specific disease.

#### The trigger for disease control

The challenge with some of the most deadly or damaging diseases is that they can cause death or severe damage within 12 to 24 hours after the first signs of disease are observed. The need for disease control **can only be initiated** when the livestock owner has identified the first signs of disease and has contacted a veterinarian.

#### **Clinical emergency services**

Veterinarians are professionally trained to provide a diagnostic service **when visiting the farm to examine the sick animal presented to them**. This professional training includes all possible causes of disease and then the specific knowledge about the treatment and/or prevention of each individual disease.

#### **Difficulties under African farming conditions**

In most cases a 24-hour clinical service provided by a veterinarian is not available in remote areas as there are no veterinarians available to visit the farm. Without veterinary assistance the livestock owner has to take totally unassisted steps to treat the affected animal/s.

#### **Remote veterinary support**

Veterinary support can be sought by telephone if the signs of disease can be presented to a veterinarian in a structured format. The system explained in this module provide the livestock owner with the practical system that can be used to record signs of disease in order to get remote veterinary assistance.





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#### Daily observation card (DOC)

The most practical approach to early disease identification

Focused daily observation is the basis of good livestock management practices.

The DOC provides a structured and logical model of daily observation in order toidentify the first signs of disease.

Every livestock worker can be trained to use the DOC in order to report the first signs of disease.

# CATALOGUE FEATURED PRODUCTS FEATURED PRODUCTS FEATURECOBIALS ANTIMICROBIALS ANTIMICROBIAL

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